



CARLOW



2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 10:00 out side sweat- er walks in the Memo- rial Garden visits	2 VISITS
3 ACTIVITIES ARE SUBJECT TO CHANGE: PLEASE CHECK DRY BOARDS	4 	5 9:00 –11 Apple Or- chard 2:00 Terry Swett	6 10:00 Jay Staples 2:00 Chair Yoga	7 10am Sing A Long 2pm Bible Study 1:30 Bingo	8 10:00 Gamble Creek 1:30 Cocktail Social	9 VISITS
10 FOOTBALL SEASON 	11 10:00 Sharon Wright 2:00 Red Gallagher	12 10:00 Catholic Communion 9:30-Pre-school pic- tures and visits School Photos and snacks	13 10:00 Bingo Bonan- za 2:00 Sapphire Lane	14 50''s Diner Lunch 11 -1:00 Under the tent 2:00 Cooking with apples 2pm Bible Study	15 10:00 Chad Cummings 2:00 Hot apple Sun- daes	16 VISITS
17 	18 10:00 Exercise 1:30 3:30 Spa Day	19 10:00 The Jubilees 6:00 Movie Night	20 10:00 Pat Bailey 2:00 Zumba Class	21 10:00 Protestant Service 2pm Bible Study 2:00 Birthday Social	22 10:00 Bill Lake 1:30 Cocktail Social	23 FIRST DAY OF FALL VISITS
24 	25 10:00 Exercise 2:00 Resident Council	26 Supply Shopping by Sandy and Becky 6:00 Don Boudreu Beatles Music	27 10:00 Exercise 2:00 Pop up Library 2:00 Christina	28 2pm Bible study 4:30 Out to Gridirons	29 10:00 Exercise 130 Farmers Market	30 VISITS

